



Your Ministry to Vulnerable Mothers and Babies in Tanzania

SUMMER 2021 UPDATE

Prepared for Christian Brothers Moving
Presented by May Thomsen


Releasing children from poverty
Compassion
in Jesus' name

Ministry Progress at FPCT Turiani Church

January 2021 – June 2021



21 babies and their mothers served



10 babies born, and
70% had a healthy birth weight



15 pregnant mothers received
prenatal care



1 baby, on average per month,
received malnutrition treatment



During a typical health check-up at FPCT Turiani Church, a medical professional does a thorough screening, testing for infections, discussing what to expect during the stages of pregnancy and dispensing advice on healthy eating habits.

Cover Photo: During an entrepreneurship workshop, Survival mothers at FPCT Turiani Church learn about budgeting, time management and saving techniques so they can gain maximum benefits from their personal businesses.

Survival Program Spotlight: Malnutrition Prevention and Treatment

Malnutrition is an underlying cause in more than a third of all deaths of children under 5 (UNICEF). These deaths can be attributed to stunting, severe wasting, and restricted growth inside the womb. But most of these deaths can be prevented through proven and simple interventions. With this in mind, the Survival program incorporates several key services to preserve the physical well-being of these precious little ones:

- Therapeutic feeding services
- Education on preparing healthy, balanced meals

- Provision of food packs that include essential nutrition and vitamin supplements
- Promotion of exclusive breastfeeding for the first six months of life
- Regular monitoring of each baby's height and weight

Additionally, a healthy birth weight is critical to a babies' survival and malnutrition prevention. By also focusing on caregiver nutrition through prenatal care and nutritious food, newborns registered with Survival have up to a 30% better likelihood of having a normal birth weight.

Renewing Hope for Elizabeth

Dear Friends,

My name is Elizabeth, the mother of Angel, a beneficiary of the Survival program at FPCT Turiani Student Center TZ0840. I'm very happy to write this letter on behalf of my fellow beneficiaries of the Survival program. I was registered when I was 6-months pregnant. My baby is now three months old (as of June 2021).

I'm thankful for this intervention because it has helped us develop mentally, physically, spiritually and economically. We are learning a lot of skills, concerning the growth and development of our babies. This includes breastfeeding education, the importance of immunization for our babies and pregnant mothers, growth monitoring and oral dehydration during vomiting and diarrhea. Also, we have learned how to make nutritious flour for our children. Through this Survival intervention, we get treatment from the hospital and other medical treatment when our babies feel sick and pregnant mothers receive support during delivery. After delivery, we are provided with an essential, balanced diet for repairing a mother's body and nutrients during breast feeding.

We give thanks to our benefactors for this intervention as it is very helpful. Because of your support, most of the caregivers now can afford to meet the small needs of their families. Through our church, we have group activities, including cooking activities for the purpose of selling to generate income. We are making nutritious flour for improving our babies' health and sometimes we sell it to our neighbors for income. We are engaging in sewing carpets for floors as decorations. We are also taught how to make hand-washing soap, which we also sell to increase our family income to meet other needs. Also, we are taught entrepreneurial skills at our church, which have helped us establish small businesses both as groups and individually. Also, through this Survival intervention we are learning the prevention of various diseases like malaria, diarrhea, urinary tract infection and anemia.

Once again, I thank you for supporting us. Our prayers are with you! We wish you all the best and may God bless you all and continue to keep you healthy.

Elizabeth

Letter edited for clarity.



"I am very grateful to be in this program because I love cooking activities."

ELIZABETH (RIGHT)



Survival caregivers create snacks for selling in local markets and schools, using kitchen equipment at the FPCT Turiani Church. As part of a working group, these mothers agree to save together to help expand their businesses and maximize their profits.



Thank you!

Your gifts are helping create healthier lives for mothers and babies. Please reach out to me with any questions you may have.

May Thomsen | (303) 885-7441 | mthomsen@us.ci.org